

USA MEETS VS LOCAL LEAGUE MEETS

Cudas participate in 2 different types of Swim Organizations. Our primary Swim Organization is USA Swimming. USA Swimming is the national governing body of swimming. Cudas participate in USA Swimming year round. Our other Swim Organizations are Local Swim Leagues. These Leagues are ESSL and ODSL. The ESSL League runs from October-March. The ODSL League runs from May-July. Both Organizations are important to the development of each swimmer.

USA Swim Meets are invitationals. There maybe 8+ Teams there competing against each other. USA Swim Meets are geared toward our Silver and Gold Levels. There are some USA Swim Meets that Bronze will be invited to attend, your Coaches will let you know when they are available. At USA Swim Meets there is a charge per event each swimmer competes in. Swimmer/Parents will fill out a Meet Commitment form and request events to race. Swimmers may leave after the completion of their events. These Meets are only mandatory in the Silver and Gold Levels.

Local Swim Leagues are basically comprised of Dual Meets. Cudas race 1-2 other Teams. Ribbons are exchanged. These Meets are ideal for our Bronze level swimmers. There is no charge for any events a swimmer participates in. Coaches make a team lineup, no Meet forms or event requests needed.

THESE MEETS ARE MANDATORY FOR THE ENTIRE TEAM.
ALL SWIMMERS MUST STAY UNTIL COMPLETION OF ENTIRE MEET.